



## *JLH Women's Saturday Devotions Sister Henriques*

*February 10th 2018*

### *I Feel Your Pain*

When the doctor ask, on a scale of 1 to 10, 1 being no pain at all and 10 the worst, How would you rate your pain? We've all heard this once in our lives during a visit to the ER or an appointment. I had a small cavity from my wisdom tooth I didn't have fixed right away and it became worse and broke off. Oh the pain was excruciating, followed by a terrible headache, eyes twitching, cheek throbbing and sick to my stomach, all I could do at the moment was lay there and pray, Jesus, take this pain. I'd rather take labor pains!!

My eight year old grandson Jeremiah saw me laying in bed and came into my bedroom "Are you ok grandma?" I replied, my tooth hurts and I have to get it pulled. He touched my forehead and said I'm going to pray for you ok grandma, because "I feel your pain." So innocently, he prayed, Jesus, take my grandma tooth pain away and make her feel better...in Jesus Name Amen. I hugged him as tears fell from my eyes and at that moment, my tooth pain went away. Praise God!! **Matthew 21:16 And said unto him, Hearest thou what these say? And Jesus saith unto them, Yea; have ye never read, Out of the mouth of babes and sucklings thou hast perfected praise?**

Jeremiah thought he understood my pain as he experienced going to the dentist to have two of his baby teeth removed, he remembered being afraid sitting quietly recovering. The dentist asked why are you sad, are you in pain? Jeremiah had gauze in his mouth as he touched his lips crying, "I just want all my teeth back." Jeremiah thought the dentist pulled them all and when she handed him his two small teeth in a plastic bag all his pain went away. Jesus loves His little children.

If the doctor ask you to rate **your** pain on a scale of 1 to 10 **you** can't ask him what does he think it should be. **You** can't rate the pain of a lonely widow who husband just died. **You** can't rate the pain of a wounded teen, nor can **you** rate the pain of a bone cancer patient. So why do we relate to feeling someone else's pain, when everyone pain tolerance differs by experience than our own? Can you imagine what Job would rate his pain? **Job 1:13-22** his children died, his finances gone. **Job 2:7** his health failed. **Job 2:9-10** But through it all Job trusted God and never lost his integrity. **2 Samuel 12:15-20** what about King David, he prayed and fasted waiting to hear the decision if his child will live or die, but God took the child. David realized nothing more could be done, he brushed himself off and ate. **1 Samuel 1:2&6&10** Hannah, childless and mocked by another woman who had children by her husband, can you imagine the pain she felt, but her prayers changed things. **John 8:1-11** The woman caught in adultery, shamed and humiliated by Scribes and Pharisees but was taken to the one who forgives. **John 19:25-26** Mary, the mother of Jesus her pain knowing her son would be crucified? **Luke 19:41** Jesus weeping over Jerusalem, **John 11:35** Jesus wept over Lazarus and how he was feeling **Matthew 26-36-46** the agony in the Garden of Gethsemane. **No one can feel your pain like JESUS!**

Every sin, sickness, disease, guilt, shame, physical, mental, spiritual and emotional pain we've experienced, Jesus felt them and understands, he took them all to Calvary, not just for me but ALL humanity! Give God the Glory! For His Grace and His Mercy.

**Hebrews 4:15-16** *For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin. Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need. Isaiah 53: 3-7* *He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him; he was despised, and we esteemed him not. Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted. But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed. All we like sheep have gone astray; we have turned every one to his own way; and the Lord hath laid on him the iniquity of us all. He was oppressed, and he was afflicted, yet he opened not his mouth: he is brought as a lamb to the slaughter, and as a sheep before her shearers is dumb, so he openeth not his mouth.*

Whatever pain you may be experiencing on today, perhaps betrayal, a bad breakup, loneliness, anger etc..**only** Jesus can feel that pain. Ladies, keep praying for our children and let's pray for one and another, in Jesus Name, be encouraged. God Bless

**Matthew 11:28-29** *Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.*