

Welcome
to
Rehoboth New Life
Center
Tuesday January
8th 2019

JANUARY'S THEME

Walking In The Light



1 John 1:7 But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.

Fasting & Prayer

Moving into the Light

Jonah 3:5 ¶So the people of Nineveh believed God, and proclaimed a fast, and put on sackcloth, from the greatest of them even to the least of them.

Why Fast ?



- Matthew 9:14 ¶Then came to him the disciples of John, saying, Why do we and the Pharisees fast oft, but thy disciples fast not?
- 15 And Jesus said unto them, Can the children of the bridechamber mourn, as long as the bridegroom is with them? but the days will come, when the bridegroom shall be taken from them, and then shall they fast.
- **Because Jesus Said So!**

Why fast ?



- Satan has dominion of the body
 - Luke 4:1 ¶ And Jesus being full of the Holy Ghost returned from Jordan, and was led by the Spirit into the wilderness,
 - 2 Being forty days tempted of the devil. And in those days he did eat nothing: and when they were ended, he afterward hungered.
 - 3 And the devil said unto him, **If thou be the Son of God, command this stone that it be made bread.**
- Fasting weakens the Body !
- Diminishes his Dominion!
- Fights his control!

Humility! Changes Gods Mind



Jonah 3:5 ¶So the people of Nineveh believed God, and **proclaimed a fast**, and put on sackcloth, from the greatest of them even to the least of them.

Breaks the Yoke !



- Isaiah 58:6 Is not this the fast that I have chosen?
to loose the bands of wickedness, to undo the
heavy burdens, and to let the oppressed go free,
and that ye **break every yoke?**

Elevates us to a spiritual dimension (Walking in the spirit)



- Mark 9:27 But Jesus took him by the hand, and lifted him up; and he arose.
- 28 And when he was come into the house, his disciples asked him privately, Why could not we cast him out?
- 29 And he said unto them, This kind can come forth by nothing, but **by prayer and fasting.**

Prayer AND Fasting



Nehemiah 3 And they said unto me, The remnant that are left of the captivity there in the province are in great affliction and reproach: the wall of Jerusalem also is broken down, and the gates thereof are burned with fire.

4 And it came to pass, when I heard these words, that I sat down and wept, and **mourned certain days, and fasted, and prayed before the God of heaven,**

5 ¶ And said, I beseech thee, O LORD God of heaven, the great and terrible God, that keepeth covenant and mercy for them that love him and observe his commandments:

The Devils Plan



- Esther 3:8 And Haman said unto king Ahasuerus, There is a certain people scattered abroad and dispersed among the people in all the provinces of thy kingdom; and their laws are diverse from all people; neither keep they the king's laws: therefore it is not for the king's profit to suffer them.
- 9 If it please the king, let it be written that they may be destroyed: and I will pay ten thousand talents of silver to the hands of those that have the charge of the business, to bring it into the king's treasuries.

The Power of Prayer & Fasting



- Esther 4:1 ¶When Mordecai perceived all that was done, Mordecai rent his clothes, and put on sackcloth with ashes, and went out into the midst of the city, and cried with a loud and a bitter cry;
- Esther 4:15 Then Esther bade them return Mordecai this answer,
- 16 Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink three days, night or day: I also and my maidens will fast likewise; and so will I go in unto the king, which is not according to the law: and if I perish, I perish.

The Answer to prayer and fasting



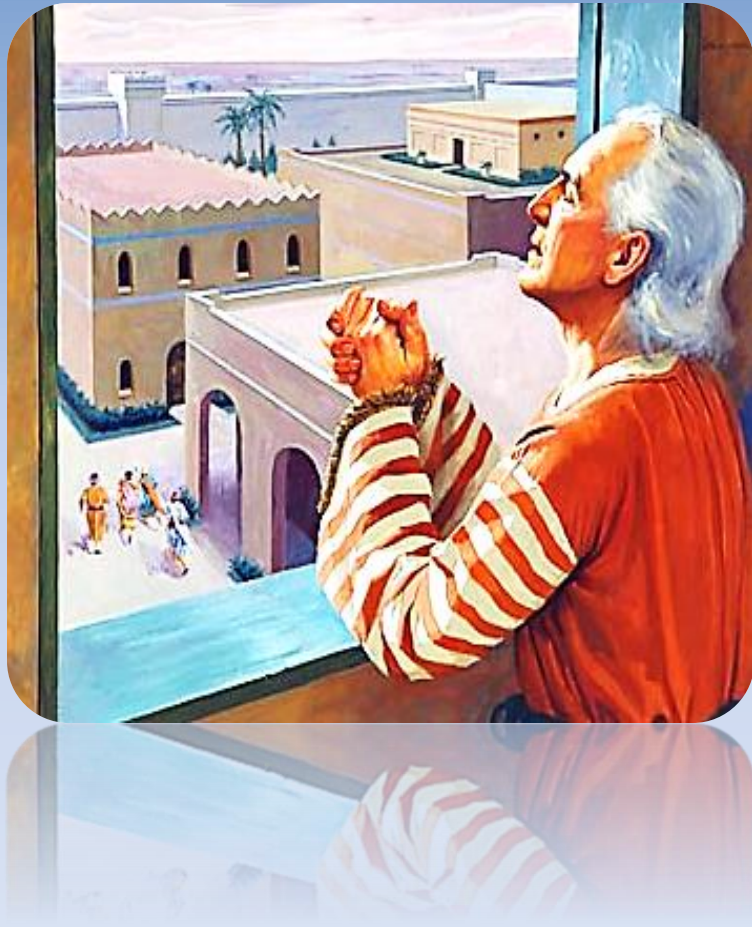
Esther 5:2 And it was so, when the king saw Esther the queen standing in the court, that she obtained favour in his sight: and the king held out to Esther the golden sceptre that was in his hand. So Esther drew near, and touched the top of the sceptre.

3 Then said the king unto her, What wilt thou, queen Esther? and what is thy request? **it shall be even given thee to the half of the kingdom.**

Your enemies will be your footstool !

- Esther 8:11 Wherein the king granted the Jews which were in every city to gather themselves together, and to stand for their life, to destroy, to slay, and to cause to perish, all the power of the people and province that would assault them, both little ones and women, and to take the spoil of them for a prey,

A Man Beloved!



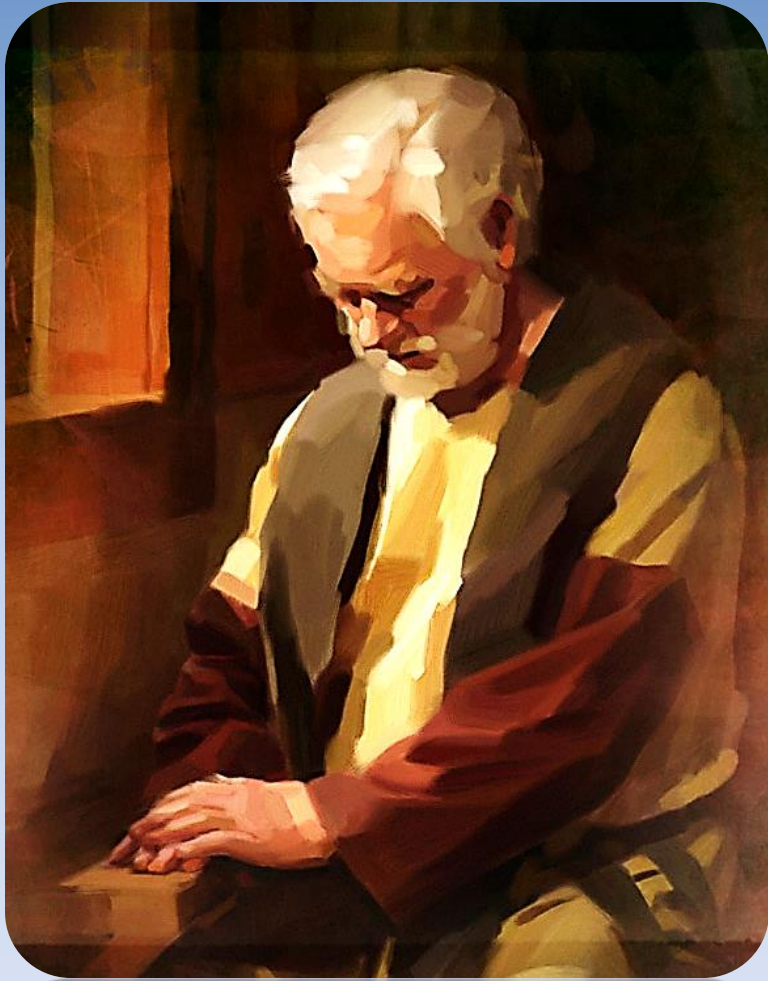
- Daniel 9:2 In the first year of his reign I Daniel understood by books the number of the years, whereof the word of the LORD came to Jeremiah the prophet, that he would accomplish seventy years in the desolations of Jerusalem.
- 3 And I set my face unto the Lord God, to seek **by prayer and supplications, with fasting**, and sackcloth, and ashes:

Daniels Prayer



- Daniel 9:4 ¶ And I prayed unto the LORD my God, and made my confession, and said, O Lord, the great and dreadful God, keeping the covenant and mercy to them that love him, and to them that keep his commandments;
- 5 We have sinned, and have committed iniquity, and have done wickedly, and have rebelled, even by departing from thy precepts and from thy judgments:

Daniels Fast



Daniel 10:1 ¶In the third year of Cyrus king of Persia a thing was revealed unto Daniel, whose name was called Belteshazzar; and the thing was true, but the time appointed was long: and he understood the thing, and had understanding of the vision.

2 In those days I Daniel was mourning three full weeks.

3 **I ate no pleasant bread, neither came flesh nor wine in my mouth,** neither did I anoint myself at all, till three whole weeks were fulfilled.

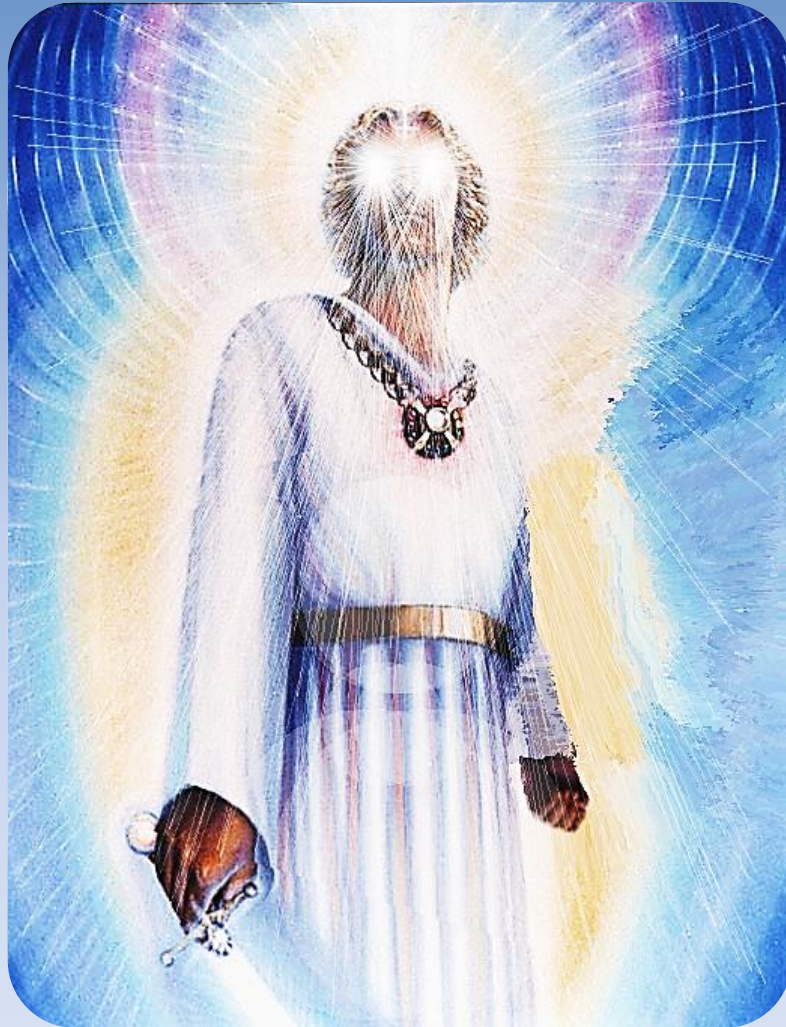
Daniels Answer



- Daniel 10:4 And in the four and twentieth day of the first month, as I was by the side of the great river, which is Hiddekel;
- 5 Then I lifted up mine eyes, and looked, and behold a certain man clothed in linen, whose loins were girded with fine gold of Uphaz:
- 6 His body also was like the beryl, and his face as the appearance of lightning, and his eyes as lamps of fire, and his arms and his feet like in colour to polished brass, and the voice of his words like the voice of a multitude



Daniels Answer



- Daniel 10:12 Then said he unto me, **Fear not, Daniel:** for from the first day that thou didst set thine heart to understand, and to **Chasten(FASTING)** thyself before **thy God**, thy words were heard, and I am come for thy words.
- 9 And said, **O man greatly beloved**, fear not: peace be unto thee, be strong, yea, be strong. And when he had spoken unto me, I was strengthened, and said, Let my lord speak; for thou hast strengthened me.

Moving from Darkness To LIGHT



- Isaiah 58:5 Is it such a fast that I have chosen? a day for a man to afflict his soul? is it to bow down his head as a bulrush, and to spread sackcloth and ashes under him? wilt thou call this a fast, and an acceptable day to the LORD?
- 6 **Is not this the fast that I have chosen?** to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?
- Isaiah 58:8 ¶ **Then shall thy light break forth as the morning,** and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy rereward.