

# MAY 8

Anna ~ Hebrew name meaning “Grace”  
Luke 2

## Sis, Keep Your Head Up!

By Sista Dominique Barnes

Anna was a prophetess from the tribe of Asher. She was married only seven years before her husband died. After her husband’s death, Anna went to the temple, living as a widow until the age of 84. She never left the temple but stayed and devoted her life to God with prayer and fasting, day and night.

When a woman in biblical times became a widow, she was vulnerable and dependent on the support of family or the temple. She was met with economic hardship, social marginalization, and was susceptible to exploitation. On the contrary, to be married was security! Often, we can focus on the things we lack, thinking when it is attained or achieved, we will have security. This could be a marriage, career, companion, influence, children, financial abundance, or material possessions. But none of these things bring true security. ***Jeremiah 2:13 (NLT) “For my people have done two evil things: They have abandoned me—the fountain of living water. And they have dug for themselves cracked cisterns that can hold no water at all.”***

What is the cracked cistern that is keeping you from the fountain of living water (Jesus Christ)? Anna, a woman who knew where her living water came from, chose to go to the house of her Father in heaven. Anna devoted herself to the Lord, consistently fasting and praying and not worrying about the issues of life. She had everything she needed! While her focus was on the things above, she was blessed with the opportunity to meet Jesus Christ and went on to be one of the first evangelists! My encouragement to you is: keep your head up, Sis. Don’t let the issues of life consume you. A relationship with Jesus is all you need to be secure! Know that his grace is sufficient, and his strength is made perfect in weakness (***2 Cor. 12:9***).

Prayer: Dear Heavenly Father, thank you for your grace! I pray that You would shine light on anything that makes us feel insecure, that we may cast it on the altar. Help us to keep our eyes set on You and trust that You are Jehovah-Jireh, and you keep in perfect peace those whose minds are stayed on You (***Isaiah 26:3***).

We pray in Jesus’ name.

Amen.

*Every good gift and every perfect gift is from above....James 1:17*